



# Academic Foundation *for* International Cultural Exchange

7242 La Jolla Blvd, La Jolla, CA 92037  
Telephone: (858) 455-0302 Fax: (858) 455-0335

## STUDENT CONTACT SHEET

**for the month of JANUARY (due by Feb. 1)**

**Student Name** \_\_\_\_\_ **Community Rep Name** \_\_\_\_\_

**Host Family Name** \_\_\_\_\_ **Date of Contact** \_\_\_\_\_

**Nationality/State** \_\_\_\_\_ **By Phone or In Person** \_\_\_\_\_

*\*\*Be sure you encourage the student to get involved in school activities, clubs, winter sports or join a health club to avoid unwanted winter pounds and winter blues.*

1. Did the student feel depressed or unhappy during the holiday break? \_\_\_\_\_

2. Did you give suggestions on how to stay busy to avoid these winter blues? \_\_\_\_\_

3. Does the student feel that he/she is fitting into the host family? \_\_\_\_\_ Do they have good relationships with host siblings? \_\_\_\_\_  
Any suggestions you made? \_\_\_\_\_

4. Since the First Semester grades should now be available (if it wasn't available in December), have you seen the report? \_\_\_\_\_  
How were the grades? \_\_\_\_\_

Have you seen the Second Semester schedule of classes? \_\_\_\_\_ Is the student taking AFICE required subjects – US History, US Government and a full year of English (must be Writing or Literature course. Journalism or Speech does not meet this requirement)? \_\_\_\_\_

5. Does the school offer Driver's Education? \_\_\_\_\_ If yes, will the student be taking it this semester? \_\_\_\_\_ Are the proper forms signed and turned into the AFICE National Office? \_\_\_\_\_

General Comments: \_\_\_\_\_

**Signature of Community Representative** \_\_\_\_\_

**Date Submitted** \_\_\_\_\_

*\*\*Community Representative must send this form to the AFICE National Office by the date indicated above.*



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## HOST FAMILY CONTACT SHEET

for the month of **JANUARY** (due by Feb. 1)

Host Family Name \_\_\_\_\_ Community Rep Name \_\_\_\_\_

Student Name \_\_\_\_\_ Date of Contact \_\_\_\_\_

Nationality/State \_\_\_\_\_ By Phone or In Person \_\_\_\_\_

1. Did the host family feel that the student was depressed or unhappy during the holidays? \_\_\_\_\_ If yes, what steps did you take to help the student and host family through it? \_\_\_\_\_

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2. Is the student getting along with the host siblings? \_\_\_\_\_ Has the student made friends in the community? \_\_\_\_\_

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3. Is the host parent aware of any plans their student is making for spring break? \_\_\_\_\_ If so, what are they?

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4. If the student will be taking Driver's Education in school, have you gone over the AFICE rules with the host parents regarding the Driving Policy? \_\_\_\_\_

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5. If the first semester grades were not available in December, has the host family seen their student's first semester grades? \_\_\_\_\_

Were there any concerns? \_\_\_\_\_

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General Comments: \_\_\_\_\_

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Signature of Community Representative \_\_\_\_\_

Date Submitted \_\_\_\_\_

*\*\*Community Representative must send this form to the AFICE National Office by the date indicated above.*